Why we’re proud of this individual:

Alison Mariella Désir-Figueroa aka Powered Feet was named by Women’s Running as one of twenty women who are changing the sport of running and the world and by The Root 100 as one of the most influential African Americans, ages 25 to 45. Alison is an endurance athlete, activist, and mental health counselor. Alison is the founder of Harlem Run (an NYC-based running movement) and Run 4 All Women (an initiative that has raised over $150,000 for Planned Parenthood), and just launched the podcast Finding Meaning (on the RUN), available on iTunes, Google Music, SoundCloud and Stitcher. Alison is currently featured alongside American Ballet Theatre® principal ballerina Misty Copeland, world champion sprinter Natasha Hastings, professional stuntwoman Jessie Graff, and Chinese taekwondo champion and actress Zoe Zhang (Lanxin Zhang) in Under Armor’s latest global campaign, Unlike Any, which celebrates and honors the unprecedented achievements of female athletes that rise above gender comparisons and stand on their own as marvels of athletic prowess.

http://alisonmdesir.com/aboutme/

Other Observances in Month:

- **July 4, 1776** - The Declaration of Independence was approved by the Continental Congress.

- **July 1, 1867**—Canada Day, a national holiday in Canada, formerly known as Dominion Day, commemorating the confederation of Upper and Lower Canada and some of the Maritime Provinces into the Dominion of Canada.

- **July 16, 1969**—Apollo 11 Lunar landing mission began with a liftoff from Kennedy Space Center at 9:37 a.m.