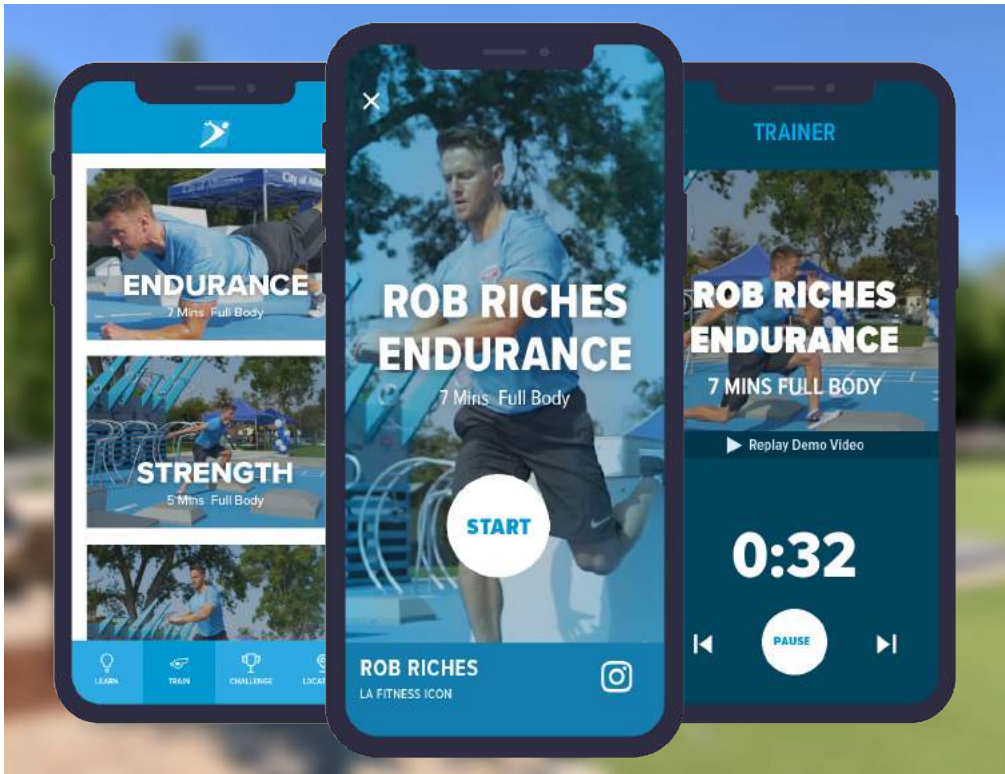


# The Fitness Court Digital Ecosystem



## FITNESS COURT APP

The more the Fitness Court App is downloaded, the more residents can receive from the digital ecosystem.

The Fitness Court App delivers guided audio workouts and tutorial videos.

Graded difficulties, HIIT, upper, lower and full body routines.

Hosted by expert celebrity trainers and influencers.

An ever-expanding library of content makes the Fitness Court App the ultimate companion for healthy living.

## THE 2019 NATIONAL CAMPAIGN

By joining the 2019 National Fitness Campaign, cities connect with a world-class network of communities and schools, unified around the idea of making fitness free for everyone.

In the Campaign's first year, 100 city partners joined the program, and by the end of 2019, over 300 more cities and schools will come on board nationwide to invest in the development of healthy infrastructure and public wellness.



- + Functional Fitness DNA
- + Circuit Training Classes
- + Fitness Court Challenges
- + HIIT Interval Training
- + Strength, Cardio, Flexibility, Mobility
- + Digital Integration

### OFFICIAL 2019 PARTNERS:

