

# U-ASC.... We Advise!!

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University Advising Services Center

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Newsletter

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## Advisor & Advisee Responsibilities!

### Your advisor should:

1. Post office hours
2. Keep appointments or call if it's necessary to change an appointment
3. Provide accurate and specific information
4. Suggest other sources of information
5. Check schedule for appropriate selection of courses
6. Listen and help you problem solve
7. Suggest option concerning careers, choice of majors and selection of courses

### You (the advisee) should:

1. Keep in touch with your advisor
2. Make and keep appointments or call if changing an appointment
3. Come prepared with specific questions in mind
4. Ask about other sources of information
5. Be open concerning academic work, study habits, academic progress, etc.
6. Build a class schedule which meets necessary academic requirements and is free of time conflicts
7. Make decisions concerning careers, choice of majors, and selection of courses

## Important Dates & Deadlines for Spring 2010 Semester

- March 26**.....Class Withdrawals End  
**April 5**... ..Registration for Summer & Fall 2010 Begins  
**May 3**.....Last day to withdraw from all classes  
**May 4- 7**.....Finals Week  
**May 8**.....Spring Commencement

## GPA Improving Tips:

1. Sit towards the front of the classroom
2. Get help from your peers, professors and a tutor
3. Take your notes by hand
4. Review your notes weekly- it will help avoid cramming for your test
5. Avoid all-nighters- Make the night before your test a review night and get a good night sleep
6. Go to class!

## What NOT to do on an Exam....

2. A 3-kg object is released from rest at a height of 5m on a curved frictionless ramp. At the foot of the ramp is a spring of force constant  $k = 100 \text{ N/m}$ . The object slides down the ramp and into the spring, compressing it a distance  $x$  before coming to rest.

- 10 (a) Find  $x$ .  
5 (b) Does the object continue to move after it comes to rest? If yes, how high will it go up the slope before it comes to rest?

Handwritten calculations and notes:

$$U = 3(9.81)(5) = 147.15$$
$$U_s = \frac{1}{2}(100)x^2 = 50x^2 \dots?$$

NO. there is an elephant in the way.

A circled '0' is written in the bottom right corner.