## Local LGBTQ+ Wellness Service Providers:

- Women's Healthcare of Clarion 24 Doctors Lane Suite 304 Clarion, PA 16241 814-226-8800
- Family Psychological Associates 342 S. 5th Ave. Clarion, PA 16241 814-226-4913
- Persad Center
   5301 Butler St. Suite 100
   Pittsburgh, PA 15201
   412-441-9786
- Allies for Health + Wellbeing 5913 Penn Ave.
   Pittsburgh, PA 15206 412-345-7456
- Planned Parenthood
   933 Liberty Ave.
   Pittsburgh, PA 15222
   412-434-8971
- Millcreek Family Practice 2501 W. 12th St. Erie, PA 16505 814-461-6626



### **About Us**

Clarion University is dedicated to providing a safe and accepting environment for students, faculty and staff of all sexual orientations, gender identities and gender expressions.

This collection of services and resources contains wellness options for LGBTQ+ students.

### **Contact Us**

### **Health Services**

256 Becht Hall Phone: 814-393-2121

### **Counseling Services**

256 Becht Hall Phone: 814-393-2255

### **LGBTQ+ Affairs**

277 Gemmell Student Complex Phone: 814-393-2483



CLARION UNIVERSITY OF PENNSYLVANIA LGBTQ+ WELLNESS

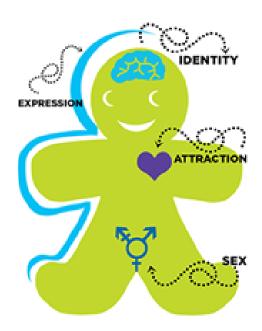
> 840 Wood St. Clarion, PA 16214

Clarion University is an affirmative action, equal opportunity employer and does not discriminate on the basis of sex in its education programs or activities. See the full statement at clarion,edu/nondiscrimination.



CLARION
UNIVERSITY OF
PENNSYLVANIA

LGBTQ+
WELLNESS



# What can the Center for Wellness do for me as an LGBTQ+ student?

We at Clarion University are aware of the anxiety that can be provoked by seeking medical attention, especially with fear of discrimination or being misunderstood. We aim to provide service to every CU student with comfort and compassion, regardless of sexual orientation, gender identity or gender expression.

# The Center for Wellness can offer assistance with issues concerning:

- Coming out
- Depression and anxiety
- Understanding your identity
- Relationships
- Sexual abuse
- And more!

# **LGBTQ+ WELLNESS**

Health and Counseling Services are located in 256 Becht Hall, right next to the elevators.

### **Our Services**

- · Treatment of illness and injury
- Physical examination
- Sexual health
- Sexually transmitted infection (STI) screening
- Free-to-take internal and external condoms and lubrication
- Individual counseling
- Couples counseling
- Group counseling\*
  - · Body image
  - Women's growth
  - Sexual abuse support

\*As requested/as needed



If you are in need of a service which we are unable to offer, such as hormone replacement therapy, we are able to refer you to a service provider.

# **FAQ**

Q: I am not publicly out, but am in need of counseling/health service regarding my LGBTQ+ identity. How can I be sure my privacy is protected?

A: All information disclosed in session remains between you and your provider. Without your written permission, no information is granted to others unless you are at risk for harming yourself or another.

**Q:** Should LGBTQ+ folks with no risk of pregnancy still use protection?

**A:** YES! Anyone engaging in sexual activity can be at risk for contracting a sexually-transmitted infection (STI) and should use appropriate protection for their activity. CU offers STI testing on campus at the Center for Wellness, as well as condoms and lubrication.

Q: What is PrEP? How can I get it?

A: Pre-exposure Prophylaxis (PrEP) in the form of Truvada is a once-daily pill that can effectively lower risk of contracting HIV for individuals with a higher risk, such as those in the LGBTQ+ community. PrEP is for individuals of all genders and should be continued with use of protection during sex. Those interested in beginning PrEP should contact the Center for Wellness for a referral to a provider.

Please refer further questions to Center for Wellness staff.