

# MONKEYPOX DECISION TREE

## ARE YOU EXPERIENCING SYMPTOMS OF MONKEYPOX?

**YES**

- Stay home or in your room and isolate. Avoid close contact with others.
- Contact your healthcare provider. Students can contact their campus health center for evaluation.
- When you see your healthcare provider, cover all skin rashes to the extent possible by wearing long sleeves or long pants. Disposable gloves should be worn to cover any rash on the hands. Also, wear a tight-fitting mask for source control.
- If you test positive, follow the guidance provided by your healthcare provider and continue to isolate until cleared. Monkeypox can be spread from the time symptoms start until the rash has healed, all scabs have fallen off and a fresh layer of skin has formed. The illness typically lasts 2-4 weeks.

**NO**

Have you had close contact with someone who has monkeypox? Often skin-to-skin contact including direct contact with monkeypox rash, scabs or bodily fluids from an infected person; contact with respiratory secretions.

**YES**

- If asymptomatic, continue routine daily activities.
- Monitor your health for signs or symptoms consistent with monkeypox for 21 days after your last exposure.
- If a rash or other symptoms develop, immediately isolate and contact your healthcare provider. Students can contact their campus health center.

**NO**

No action is needed. Continue to monitor your health. If you develop symptoms, contact your healthcare provider.

### SYMPTOMS OF MONKEYPOX CAN INCLUDE:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion
- Respiratory symptoms (e.g. sore throat, nasal congestion, or cough)

- A rash that may be located on or near the genitals (penis, testicles, labia, and vagina) or anus (butthole) but could also be on other areas like the hands, feet, chest, face, or mouth.
- The rash will go through several stages, including scabs, before healing in 2 to 4 weeks.
- The rash can look like pimples or blisters and may be painful or itchy.
- You may experience all or only a few symptoms



### Questions?

Students: Contact your campus health center.  
California 724-938-4232 | Clarion 814-393-2121 | Edinboro 814-732-2743  
Employees: Contact Safety & Risk Management, [safety@pennwest.edu](mailto:safety@pennwest.edu)