



INSIDE

THE CLARION UNIVERSITY LIBRARIES



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We publish *INSIDE The CU Libraries* weekly, when classes are in session. Here we share information about our services and resources with the campus community. Current and back issues are available online through the NEWS link on the [Libraries' homepage](#).

Research Help Is Here!



Do you need personalized help getting started with a research assignment? The librarians at Carlson and Suhr Libraries are available to answer questions and point you in the right direction!

Are you having trouble getting to the library? You can still benefit from the helpful advice of a reference librarian by giving us a call or contacting us via our online chat, texting or e-mail reference services.

Phone... If a quick call will help, please let us hear from you:

Carlson Library	814-393-2490
Suhr Library	814-393-1243
Distance Education students	1-866-272-5612 (press 5 for Libraries)

Chat... If online chat is your style, try our [Live Chat Reference Service](#). It's available during the times that Carlson Library reference services are available:

Monday – Thursday	10:00 a.m. – 9:00 p.m.
Friday	10:00 a.m. – 5:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.

Text... If the question is simple and the reply is too, contact our reference librarians by texting 814-343-9324. Note: Standard messaging rates apply.

Remember that SMS stands for *Short Message Service*. If the question (or answer) requires in-depth discussion, you probably should contact the Reference Librarian using another option.

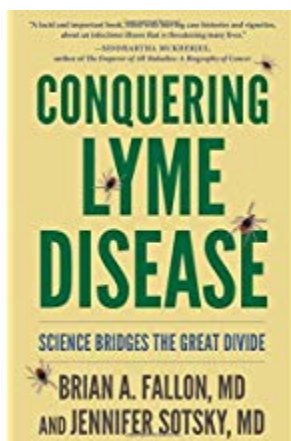
E-Mail... When reference librarians are not available and your need is not time sensitive, contact them via email using our [Ask a Librarian](#) service. A email link is located on that page.

24/7... If you need help when the library is closed, we've got it covered. Clarion University Libraries have made arrangements for librarians at a consortium of other universities to help you. They don't know your courses, assignments, or professors, but they will do all they can to help you find the resources you need.

At the [Clarion University Libraries](#) website, click on the [Ask a Librarian / LibAnswers](#) link on the right-hand side of the screen. Then, click on the [Ask Here PA](#) link on the lower left side of the screen. Follow the instructions, and link to a college librarian elsewhere.

Contact Us

[Dr. Terry Latour](#)
Dean of Libraries



Conquering Lyme Disease: Science Bridges the Great Divide by Brian A. Fallon, MD, and Jennifer Sotsky, MD., Columbia University Press, 2018.

During its initial blood meal, an infected black-legged tick injects *Borellia burgdorferi*, a bacterial pathogenic spirochete that spreads locally within the victim's skin tissue. It may then enter the bloodstream where it is distributed widely in the body. The spirochete "seeds" whichever organ or tissue it reaches—collagen tissue, joints, muscles, brain, heart, peripheral nerves.

Blood tests early in the infection are usually negative and later tests are not 100% accurate and can't determine whether or not the disease remains active after antibiotic treatment. Left undiagnosed and untreated, early Lyme disease may develop months or even years later into a chronic, debilitating, and, in some rare instances, fatal, illness.

Noting that more than 330,000 Americans are diagnosed each year with the illness which is spreading widely and rapidly, the authors, Lyme disease researchers at Columbia University Medical Center, describe Lyme disease as a "public health emergency" and a "public health failure." Their book is an overview of the disease; its history; and recent, encouraging scientific advances in diagnosis and treatment. *Conquering Lyme Disease* has been written to inform two audiences--the general public and medical professionals.

Augmented with numerous charts, color photographs, and patient case studies, this is a "well-organized, comprehensive treatment of Lyme disease and the associated issues that patients face," says John Aucott, MD, of the Lyme Disease Research Center at Johns Hopkins University School of Medicine.

Conquering Lyme Disease can be found in the Carlson Library Browsing Collection, Level 1, shelf number RC 155.5.F35 2018.

Library Tip: Book & Resource Suggestions?



If you know of a book, journal, or media item that you think the Libraries should add to our collections, please let us know. If you don't remember the specific title, just let us know about the topic or subject area. Contact one of our reference librarians or send us your suggestions through the Libraries' online [Suggestion Box](#).

The S.W.A.T. Minion's Tip: Scan And Fix A USB?



Here's a common scenario for many Windows users: you pop in your flash drive (or the memory card from your camera) and Windows insists that there is a problem that needs fixed. Are you risking anything by ignoring the message to scan and fix the drive?

Although the warning has changed slightly in appearance, Windows has been issuing these warnings for a long time. The warning itself is a bit cryptic because it is a catch all for multiple issues.

The *most common* reason Windows prompts you to perform the scan and fix is that the removable media was not properly unmounted and removed from Windows the last time it was used. You know how most of us just unplug our SD cards and USB drives when we are done? That's not good for your data and it makes Windows grumpy. When you plug the drive back in, Windows knows you didn't eject it properly the last time and it yells at you. This isn't a *Windows-only* thing. It's bad practice to skip unmounting removable media when using other operating systems, too.

Another reason for the warning is corruption within - or damage to - the file system on the removable media.

So what should you do? You should definitely follow the recommendation to "scan and fix" or "repair" the disk (removable media). Windows launches the CHDSK application in the background and scans the disk.

Now, if you do this and then immediately turn right back around and unplug your flash drive or SD card without safely ejecting it, the same "There's a problem with this drive" prompt will appear the next time you plug the device into your computer. To avoid that annoyance (and to develop a good habit that will protect your data and hardware) right-click on the USB device icon in the Windows system tray and select the removable device you want to eject.

Windows will be happy with you. Your data will be happy because all the read/write activity will terminate gracefully. You will be happy because Windows will stop nagging you. It's a winning situation all around.

Cranial Candy: Word Of The Week...



titan

PRONUNCIATION:

(-n)

MEANING:

noun: A person, organization, or thing of great strength, size, or achievement.

ETYMOLOGY:

From Titan, any of a family of giant gods in Greek mythology who were overthrown by Zeus and company. [Atlas](#) was a titan. Earliest documented use:

1412.

USAGE: "But investors haven't exactly rewarded the media titan: Disney's stock has tumbled more than six percent since that premiere." Drew Harwell; *Has the Force Deserted Disney?*; *The Argus* (Cape Town, South Africa); Jan 8, 2016. TYT

Although we do not "repair" computers, the **S.W.A.T. Team**
(Students **W**ho **A**ssist [with] **T**echnology)
on Level A of Carlson Library is always happy to help.
Having an issue? Let us take a *swat* at it!

Something To Think About:



*In order to carry a positive action
we must develop here
a positive vision.*

~ Dalai Lama